

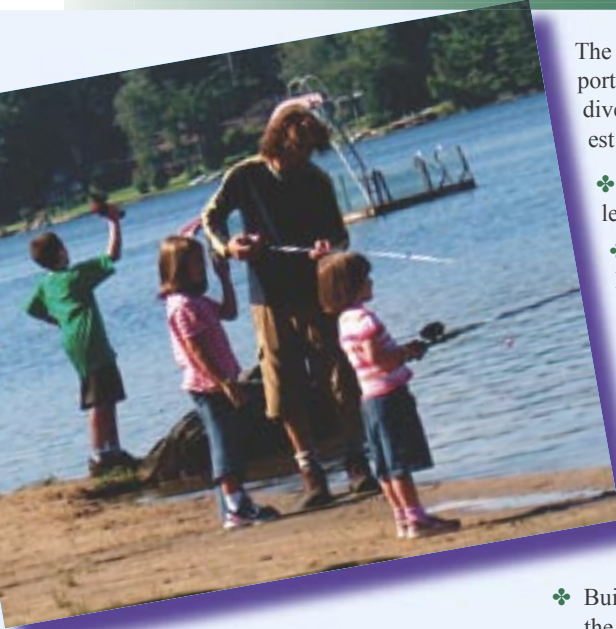


CAMP HOWE

A Camp for all youth!



2 Introduction



The mission of Camp Howe is to create supportive environments for culturally diverse youth and adults to reach their fullest potential. This is achieved by:

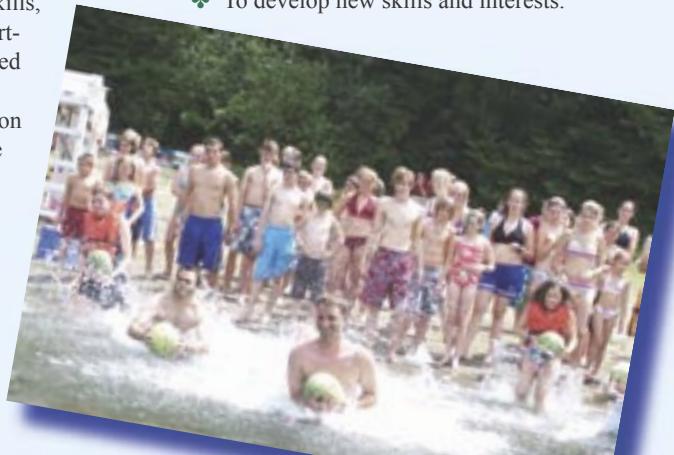
- ❖ Providing a safe, enjoyable outdoor learning experience;
- ❖ Providing opportunities to develop leadership, social and group-living skills while fostering creativity, independence and responsibility;
- ❖ Offering a choice of age-appropriate programs that build confidence and self-esteem;
- ❖ Encouraging an understanding and respect for the environment, animals, agriculture and natural resources;
- ❖ Building an appreciation and acceptance of the differences in people;
- ❖ Developing a caring community.

In keeping with the mission, the Camp Howe goals are:

- ❖ To have fun;
- ❖ To learn about the outdoors;
- ❖ To learn to live, work and play with others;
- ❖ To learn self-reliance;
- ❖ To learn to get along away from home;
- ❖ To increase confidence and self-esteem;
- ❖ To develop new skills and interests.

Camp Howe is situated in Goshen, on 52 acres surrounded by state forestland in the foothills of the Berkshires. It is a traditional camp with contemporary programs. Activities include a challenge course, wall and rock climbing, archery, skeet shooting, boating, swimming, arts and crafts, farm life, a leadership program and much more. Camp Howe stands apart from most other camps by its commitment to inclusion. Camp is accessible to all youth and all youth are welcomed and valued!

At Howe we believe in the “Power of Youth!” We celebrate youth and their achievements! We help them develop into adults with strong values, self-confidence, and life skills, while they have fun in a supportive environment solely dedicated to youth! Camp Howe offers lessons in diversity and inclusion that campers don’t even realize they are learning because they become so engrossed in their involvement with new friends, while discovering the wonders of nature and gaining independence.





Nighttime and All Camp Activities

- ❖ Campfire Programs
- ❖ Capture the Flag
- ❖ Candlelight Ceremony
- ❖ Counselor Hunts
- ❖ Dance
- ❖ Night Hikes
- ❖ Sleep Outs
- ❖ Talent Show



Camp Howe activities are designed to be exciting for the youth, while providing opportunities for the growth of your child through a series of exciting stepping-stone experiences in a beautiful natural setting. Special attention is given to the development of positive human relations, leadership and character development. Children participate in most activities with campers of similar age.

Here are a few of the activities offered at Camp Howe

- ❖ Archery
- ❖ Arts and Crafts
- ❖ Canoeing
- ❖ Climbing Wall
- ❖ Cook Outs
- ❖ Dance
- ❖ Drama
- ❖ Farm Life
- ❖ Fishing
- ❖ Games
- ❖ High Ropes
- ❖ Kayaking
- ❖ Low Ropes
- ❖ Nature Studies
- ❖ Skeet Shooting
- ❖ Sports
- ❖ Swimming
- ❖ Tubing
- ❖ Volleyball

And Much
Much
More!



Day Camp

This program is for children, ages 7–12, or campers in the ECHO Program who are not ready for an overnight experience. They will be placed in a cabin and spend the day with their cabin group going to all the great activities. Day campers report Monday – Friday. Arrive daily at 8:30 a.m.; check in at the camp office. Day campers are to be picked up at 5:45 p.m. daily. Different times can be negotiated with the camp prior to the session.



Juniors

This program is for children, ages 7–12. They will live in a cabin with other campers their age. Campers will experience many of the great programs camp has to offer, including but not limited to the climbing wall, low challenge course, waterfront activities, arts and crafts, sports and farm life.

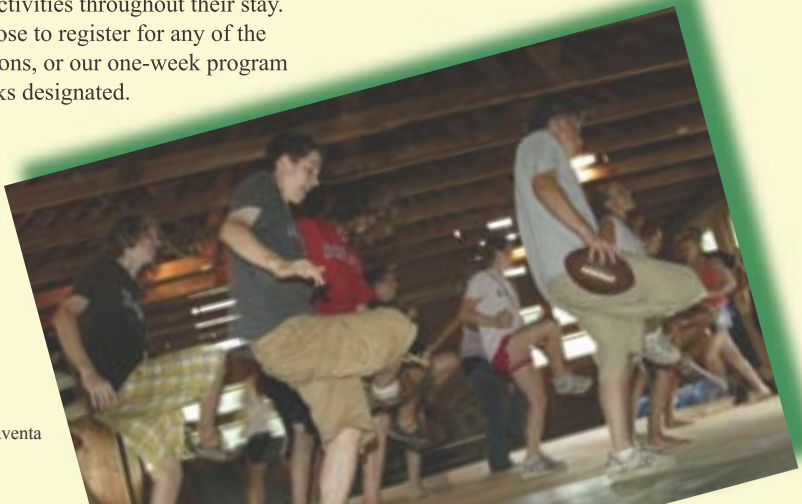
Teens

An exciting outdoor program for teens, ages 13–17. Campers must be 13 as of September 30th to be eligible. This experience focuses on developing leadership skills, teamwork, trust, commitment, responsibility and self-awareness. Challenging activities include climbing; a low ropes course, skeet shooting (safety in shooting sports), off-site camping, hiking, water sports, creative arts and group recreation. Teens will also be able to sample from our general camp activities throughout their stay. Teens may choose to register for any of the two-week sessions, or our one-week program during the weeks designated.

Counselors In Training (CITs)

The purpose of our CIT program is to provide participants with training in how to use effective leadership skills throughout their lives and how to work effectively with children at camp and in many other settings. The leadership skills include communication; teamwork; setting goals and making plans to achieve them; making decisions; developing strong relationships with others; and developing increased confidence, caring, responsibility, respect, organization and creativity.

All youth, ages 15–17 (prior to the start of the session), interested in becoming camp counselors are encouraged to apply. (Completion of the course does not guarantee a position on the staff.) Space is limited. Write, call or e-mail for additional information. There is a separate application necessary for acceptance to this program; please ask.



ECHO Program



This program is for youth, ages 7–22, with a disability. All youth are fully integrated into every aspect of the camp program, from cabin living to every activity.

Northeastern University Professor Frank “Coach” Robinson developed the ECHO (Environmental Camp for Helping Others) Program because he believed that camp should be made available to every single child that wanted to attend without regard to his/her physical challenges. However, other camps of the day were difficult for the children to attend due to the lack of well-trained staff and accessible facilities. Coach knew that kids with physical challenges would need some extra help to make camp a truly memorable experience, so he provided this in the form of a well-trained staff and improvements to the facilities at Camp Howe. In effect, he built his program around the kids that he was serving.

Today, we strive to do the same thing: build our camp program around its participants. The response has been overwhelming! Over the past four years there has been an increase in the number of children we serve and in the diversity of their needs. During this time period, ECHO counselors have helped children with autism, Down Syndrome, mental retardation, AD/HD, ODD, CP, Spina Bifida, Muscular Dystrophy and other challenging conditions. The ECHO program continues to deliver a high-quality service due, in part, to the expertise and training of those who staff it.

At Camp Howe, we strive to form and maintain a camp community that values inclusion. We strive to create and develop an atmosphere where inclusion thrives, because it is a foundational philosophy that is recognized and accepted by the entire staff. In a perfect world, inclusion would just happen, but in reality, an inclusive community must be fostered through conscious efforts.



Consequently, our leadership efforts will focus on helping a camper with a disability to become more independent, self-sufficient and socially adept; to build self-confidence through successful achievement; and to strengthen self-respect by respecting and accepting everyone as a person.

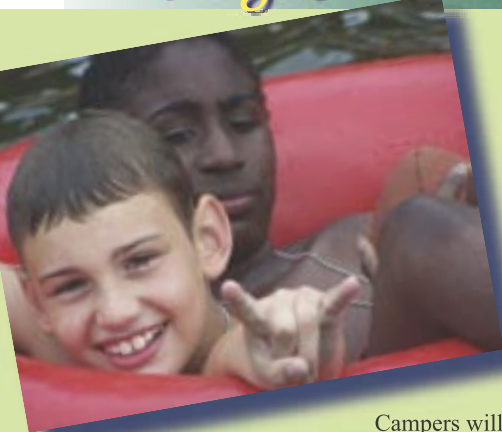
In brief, our primary goals are as follows:

- ❖ To promote a greater degree of independence;
- ❖ To encourage social integration within the camp;
- ❖ To teach leisure skills;
- ❖ **And to have a blast!** Without fun, the other three goals become difficult to achieve.





Registration



Campers will be accepted in the order that registrations are received, up to the capacity of the camp. Registrations open January 1st. No registrations will be processed before that date. The registration must be completed in full and accompanied with the registration fee. This fee will be taken from the final fee of camp.

Registration for any ECHO program must be accompanied by an ECHO application. Campers are assigned to cabins according to age and gender. Cabin-mate requests are honored if possible. The camping week is Sunday through

Friday evening. We reserve the right to cancel any programs. Notification and revised placement will be made.

Payment Information and Refund Policy

The registration fee must accompany all registrations. The balance of camp tuition is due four weeks before the start of the session. NO refunds will be made for cancellations after June 1st unless there is a medical reason. No debate will be given to incomplete attendance.

Make payments by VISA, MasterCard or check. Make checks payable to: Camp Howe, Inc.

The camp fee (minus registration fee) will be refunded only if a notice of cancellation is received prior to June 1st. If injury or illness prevents a camper from attending camp, the fee, minus the registration fee, may be requested in writing to the Camp Howe office. All refund requests must be in writing and accompanied by a doctor's note. No refund will be made to campers who leave before the camp program ends, including camper illness, behavior problems, homesickness, etc.

General Information

Our Staff



A camp is only as good as its staff, and we think our staff are some of the best around. Protecting the health and wellness of the children at camp is an important goal of our program. Campers who are well cared for are more likely to enjoy new activities. Camp Howe staff consist of carefully selected childcare professionals, students and graduates from the leading colleges and universities around the country and the world. Together, they provide Camp Howe's campers with the best possible summer experience of their lives. There is a strong feeling of family at Camp Howe, and staff and campers alike become part of our Camp Howe family.



Camper Information Packet

The Camper Information Packet is a guide for parents and guardians with information on what to bring, daily camp schedules, health forms, camp phone numbers and addresses, camp directions and other pertinent information. The Camper Information Packet is mailed when the camper is registered. Please read it carefully and contact the camp if you have questions.

Financial Aid

The camp has limited resources available for scholarships, which are awarded to families demonstrating financial need. Our policy is to try and assist as many families as possible through partial scholarships. Please contact us by calling the camp office for an application if you wish to be considered. Applications are also available online at www.camphowe.com. Information on the application is kept strictly confidential.

Proper Behavior Required

Camp life is an excellent opportunity for youth to live and work together. Camp is also a community of many people, and certain standards of behavior are expected. The camp director and staff will do everything possible to help a youth adjust to camp life. However, Camp Howe reserves the right to send home any youth who constantly exhibits misbehavior,

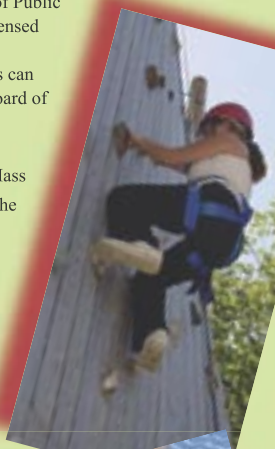
who willfully disobeys camp rules, or whose behavior toward others (both campers and staff) is unacceptable. There is no refund in this case.

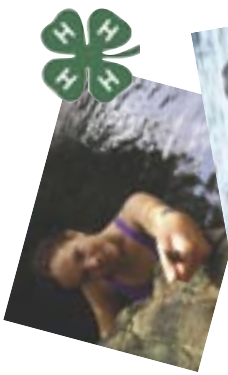
Accreditation and Licensing

Camp Howe is licensed by the Goshen Board of Health, complies with the Commonwealth of Massachusetts Public Health summer camp standards of health and safety, and exceeds the requirements of the American Camp Association for accreditation, setting even higher standards in pursuit of excellence. This accreditation process is performed by others within the camping community, all who are seeking to better the camp experience for children. It is rigorous and involves thorough documentation and safety assessments as well as general observation to further the mission of our camp.

This camp complies with the regulation of the Massachusetts Department of Public Health (105CMR430) and is licensed by the Goshen Board of Health. Information on these regulations can be obtained from the Goshen Board of Health at (413) 268-8404.

Camp Howe is chartered by UMass Extension, in cooperation with the U.S. Department of Agriculture. Camp Howe and UMass Extension offer educational programs, materials and employment without regard to race, color, religion, creed, sex, age, national origin and mental or physical handicap.





CAMP HOWE

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4-H Camp Howe Inc.

P.O. Box 326

Goshen, MA 01032

1.413.549.3969

1.143.268.7635 (summer)

www.camphowe.com

Camp Howe
Not for profit
U.S. Postage PAID
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Permit No. 14

*Exciting adventures, great people and incredible friendships —
that's what a Camp Howe experience is all about!*